

Bellydancing

Get fit through wiggling this summer!

Come and try out a fun and feminine form of exercise ! All ages, shapes and sizes welcome at this beginner-level Middle Eastern dance class. Just wear loose, comfortable clothing (no need to show your belly if you don't want to !) and bring water. Classes are on a drop-in basis, at £5 per two-hour class.

We will learn a mixture of technique and simple choreographies in different bellydance styles but don't worry – wobbly bits and two left feet are very welcome !

For more information, call Zoe on 07719287965 or just come along to a class !

Claydon & Barham
Village Hall

Tuesday 3rd July

Wednesday 11th July

Wednesday 18th July

Wednesday 25th July

Wednesday 1st August

All classes 7pm-9pm

